



TREK KENYA – MAASAI MARA



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ITINERARY



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Maasai Mara – Trek Kenya journeys through the heart of Kenya's stunning Rift Valley encompassing some of Africa's most stark, yet beautiful natural scenery. Immersed in the Maasai Mara Nature Reserve we delve deep into the vibrant culture of this region, learning about the traditional tribes people and viewing some of the best wildlife in the world.

DAY 1 DEPART UK

We depart the UK on an overnight flight to Nairobi, Kenya.

DAY 2 NAIROBI - NGURUMAN

Our plane arrives into Nairobi in the morning and we are met at the airport by our local guide. We depart the bustling Kenyan capital then make our way out of the city towards the town of Nguruman. Passing prehistoric sites through small rural villages we slowly descend the steep escarpment down to the town of Nguruman. Upon arrival into camp we have a relaxing lunch and then take a guided walk around the town before settling into camp where we will meet our local guides and be briefed on the challenge ahead before settling down to our first night under canvas.

DAY 3 NGURUMAN – ENKUTOTO 17 KM

We wake early to take advantage of the cooler temperatures and depart our campsite at a leisurely pace. As we climb the escarpment we have excellent views over the magical Lake Magadi which is completely surrounded by salt flats, and home to some of the world's largest nesting colonies of Flamingos. On a clear day we can also see across to the Ngong hills and to Lake Natron in Tanzania. We stop at the small rural village of Njoroi for lunch. The last stretch of the day takes us over the Ewaso Ngiro River which is supplied with glacial water flowing down from Mt. Kenya. Tonight our camp at Enkutoto is located in the heart of the upper Great Rift Valley, and very close of the Tanzanian border.

DAY 4 ENKUTOTO – MORINJO 18 KM

We depart our campsite after breakfast and head further along this area of the Rift Valley. Our route today travels along elephant paths, through lush vegetation. This is one of the few remaining forested areas of East Africa. Tonight we camp in the small town of Morinjo, where we enjoy an African bushfire dinner under the stars.

DAY 5 **MORINJO - LUTUKUNYI** **22 KM**

We depart Morinjo early, before the sun gets too hot and trek to the modern Maasai town of Narosura for lunch. Our local guides spend time to tour the town and explain the impact of modernisation on the Maasai way of life before continuing our trek to the watering hole of Lutukunyi – where camp will be set up and waiting for us. Tonight we can put our feet up as we enjoy another night dining under the stars.

DAY 6 **LUTUKUNYI – MAJI MOTO** **20 KM**

An early start to take advantage of the cooler temperatures and maximise the opportunity to spot some of Africa's finest game. The excitement grows as the wildlife population of the area increases and with that our chances of seeing elephant, impala, zebra and giraffe in their natural habitat. Tonight we camp at Maji Moto, a traditional Maasai village, where we experience an authentic Maasai diner and cultural evening.

DAY 7 **MAJI MOTO – MAASAI MARA** **11 KM**

After breakfast we depart camp and begin our last day of trekking through this dramatic landscape. We reach our lunch stop just after midday and take the time to relax and reflect upon the end of our trek. After lunch we are transferred by minibus to a Maasai Mara camp site where we will spend the evening. Arriving late afternoon there is the option for an evening game drive – this is an opportune time of day to spot wildlife and given we are in the world's most famous game reserve this is an absolute highlight!

DAY 8 **MAASAI MARA - NAIROBI**

We awake just before sunrise and take in an early morning game drive before heading back to the camp for breakfast. After breakfast we transfer back to Nairobi. Here we can finally take a hot shower and freshen up before our celebratory dinner.

DAY 9 **PROJECT VISIT**

After a leisurely breakfast we depart Nairobi for the short 2 hour drive north west to the district of Naivasha where we visit one of the eight schools in the municipality currently being funded by the Build Africa programme. Here we meet the children and teachers and learn more about how Build Africa works with the local community to ensure that young Kenyans receive the education they deserve. After lunch we return to Nairobi before boarding our overnight flight back to the UK.

DAY 10 **ARRIVE HOME**

We arrive early morning into the UK.



LOGISTICS



INCLUDED

International flights
ACUK rep
English-speaking local guides
All accommodation
All meals, except in free time
All transfers
All entrance fees as per the itinerary

NOT INCLUDED

Alcoholic drinks
Travel insurance
Items of a personal nature
Single supplement
Visas
Local departure tax (if applicable)
Activities in Nairobi

EQUIPMENT

An equipment list will be forwarded at a later stage.

These are complicated itineraries and may be subject to change.



TOTAL DISTANCE TREKKED

Approximately 86km

RATING

Moderate

FITNESS

This challenge requires a good level of fitness to complete the route.

ACCOMMODATION

Accommodation on this route is basic with simple hotels/lodges and camping. Rooms/tents are on a twin/triple, single sex sharing basis.

FOOD

Breakfasts each morning will be at the accommodation, lunch en-route and evening meals will be at the accommodation or in a local restaurant.

WEATHER

Kenya's diverse geography means that temperature, rainfall and humidity patterns vary widely. Jan, Feb and June to October are great months to visit. Thus we avoid the long rains and the heat isn't too oppressive. Rain can however fall at any time of year.



ABOUT ACTION CHALLENGE



OUR CREDO

As our name suggests, Action Challenge specialises in the creation of challenging, travel-based activities the world over. With over 160 itineraries in some of the most unexplored places on the globe, we are proud of the lengths we go to, to bring our clients experiences they would be unable to find anywhere else.

But beyond the places that we go to, what makes our trips truly unique is the way we encourage our groups to bond together as a team. As the saying goes, it's through adversity that people come together; and in addition to the natural camaraderie that comes with passing round the Compeed's and the muscle rub, we actively involve people in the way the adventure unfolds. We believe that through great organisation and a good relationship with our clients, the more we are out of the limelight, the more members of the group get to shine.

We're also rather keen on our work-hard, play-hard ethic. Many of the people who come on our trips literally have a mountain to climb in terms of the scale of the challenge they are taking on. We believe that with effort should come reward, and make sure that all our participants get the opportunity to celebrate their accomplishments in a truly befitting style.

And finally, we know that there's something strange that happens to people when they are out on a mountain pass or cycling through some totally foreign environment. You can see their faces loosen and their bodies lighten as they look around and put life into perspective. It's seeing that transformation that gets us out of bed in the morning and it's why our motto is....

“of all the paths you choose in life, make sure some of them are dirt”.



www.actionchallenge.com

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